



Marist Water Polo Covid 19 – Traffic Light Red H & S Plan

Date: 2 December 2021

The safety and wellbeing of our players and the Marist community is, as always, our top priority. At traffic light setting red, water polo training can resume while taking action to protect our community from COVID – 19 by ensuring adequate H & S controls are in place to reduce the risk of Covid-19 transmission.

All players and members of the Marist community should adhere to the following rules during traffic light setting red:

- Keep your distance from other people in public.
- If you're sick, stay home. Don't go to work or school. Don't socialise.
- If you have symptoms of cold or flu call your doctor or Healthline and get tested.
- Wash your hands.
- Wear a face covering when in public areas.
- If you have been told to self-isolate, you must do so immediately.
- Keep a track of where you've been and who you've seen.

H & S Measures

Specific measures in place to reduce the risk of Covid - 19 transmission are listed below¹:

Focus Areas	Measures
Hygiene Practices	All players to sanitise their hands upon arrival at the pool and when leaving.
	Where possible players should arrive at training dressed in their togs. Changing rooms should be used for bathroom use only, no showers and only for changing if necessary.
	Players' gear to be packed into their bags and kept on bleachers. All players' gear to be kept in one place – in an area to be identified by the coaches/coordinators.
	Every player is to bring their own water bottle.
Pool Facility Entry	All facility entrants 12 years and older will need to provide their vaccine pass and complete contact tracing either with the covid tracing app or staff can manually record their visit.
	Teams must meet outside the facility and enter in an orderly line.
	Any player, coach, coordinator, or parent who is unwell or has Covid - 19 symptoms must not attend training.
	Any player, coach, coordinator, or parent who has tested positive for Covid 19 (and has not been approved as being clear by the MOH), is awaiting test results or has been directed to self-isolate must not attend training.
	Only fully vaccinated players are allowed in the pool facility and evidence of your vaccine pass must be provided to the club administrator before training.
	Spectators are not permitted at training.

¹ Developed in accordance with the SHAC Red Light Alert Procedures

Face coverings	Masks are mandatory for entry and exit to the facility but may be removed in the pool hall. If a player exits the pool hall to use the bathroom, they must put their mask back on.
Physical Distancing	Each training group to maintain 1m physical distancing from other groups in the facility at the same time.
	No shaking hands, hugging or high fives.
	Any parents/caregivers dropping off, collecting players or attending training should observe 1m physical distancing
Contact Tracing	All players must be registered (via ClubHub) to attend training.
	Players, parents, and coaches must sign into the facility using the Covid tracing app.
H&S Induction	All Marist players and parents to be provided a copy of H & S plan
	All Coaches will receive a H & S Induction
	All players will receive a H & S Induction at the beginning of their first training session
Positive Covid test	If you receive a positive covid result and have trained anytime in the last 2 weeks please inform the club secretary immediately via email secretary@maristwaterpolo.co.nz .

H & S Contact

If you have any questions or concerns around the Covid 19 Traffic Light setting red, please contact your grade coordinator in the first instance.